

# smile shapers



## How to Place Attachments

### You Will Need the Following:

Attachment Template • Flowable Composite • Paste-Type Composite • Acid Etch & Applicator  
Bonding Agent • Petroleum Jelly • Light Curing Gun • Scaler



#### Step 1:

Try-In in Attachment Template & first aligner before you begin to place the attachments. Rinse both with cold water & dry. Isolate the teeth with retractors.



#### Step 2:

Apply etch only to areas where attachments will be placed, not entire tooth. Refer to the manufacturer's instructions for etching time. Rinse & dry.



#### Step 3:

Brush bonding agent over tooth surface that was etched.



#### Step 4:

Air Dry – Blow air gently without scattering for 3 seconds then strongly for 2-3 seconds more.



#### Step 5:

Light cure composite over all attachment sites according to manufacturer's directions: 10 seconds for halogen. 5 seconds for LED.



#### Step 6:

Fill 2/3 of attachment void with paste-type composite material and the other 1/3 with flowable composite material. Slightly overfill the void.



#### Step 7:

Fully seat loaded attachment template onto the teeth. Use the included Chewies to ensure guide is fully seated.



#### Step 8:

Use a dental spatula to apply gentle pressure around each attachment to ensure full adaptation. Squeeze excess composite away from etched area.



#### Step 9:

Firmly hold down composite with an instrument & light cure according to the manufacturer's directions.



#### Step 10:

Carefully remove Attachment Template & use a scaler to clean up any flashing.